

# The WOW is in the RESULTS!

WOW is happiness ... WOW is Elegance!

February 2012

## In this issue...

**\$35 Travel Pack normally \$69.95** when you book in for our VIP Sizzling Summer Pamper Package for February (details below).

**MINI MEMBERSHIPS** Purchase a \$200 mini membership and receive \$100 extra beauty credit for FREE ... 17 available

**1 February – release of mini memberships ...** pay \$200 and receive \$300 of beauty treatments. Conditions apply (p2).

**14 February – Valentine's Day** Don't wait ... give some TLC 'To Love' to yourself with a great hydrating facial – great for summer dry skin! **ONLY \$99**

**UPGRADE to a MICRODERM & COLLAGEN INFUSION FACIAL FOR ONLY \$56**

**EXCLUSIVE: FAN OF THE WEEK** NOW DRAWN ON FACEBOOK SO VISIT US ELEGANCE BEAUTY THERAPY ON FACEBOOK, LIKE US AND BE IN THE WEEKLY DRAW. CONGRATULATIONS TO MARY FOR THE FIRST WEEK OF FEB DRAW!

RING US NOW ON  
**62 480058**

**elegance**  
BEAUTY THERAPY



## DON'T CLENCH YOUR TEETH ... KICK START YOUR DAY ON A POSITIVE NOTE ...

January has gone sooo quickly. I keep saying that every year now! Need to write down what I want to do and the month I aim to do it I think so that I don't get to the end of the year, look back, and feel that I haven't achieved or done anything worthwhile! A trick I am using at present is putting on my favourite song (or one of them) ... Carol King for morning kick start ... do 10 minutes of yoga and stretching, then into the usual morning routine of breakfast ... The gym comes next for 30 minutes and then hit work all fires blazing! I am enjoying the new routine. And, yes, it makes a big difference to my day.

Our Spa Week this year in January was a great hit ... for those of you who had a \$59 facial or massage thank you for coming in. We will put it on our calendar again for next year. Another great reason to visit us and have some pampering.

We are always taking the Salon to another level and to complement our O Cosmedic skincare (it is registered with the TGA because it is so active which means you will get results faster), we are having a VIP Day on O Renewal Facial Treatment on 23 February. NO DOWNTIME with these treatments so you can go straight back to work. I have had a couple and am receiving compliments on my even tone skin. Not yet looking 12 but perhaps soon! We had an information session (by mobile) on botox and fillers in January. If anyone wants information please contact me at the Salon.

Soooo ... summer is about dehydration ... drink water, fresh fruit and vegetables (yes, they have water in them as well), good sun cream, and a moisturizer to keep moisture in the skin. I have completed a Fact Sheet on sun cream so when you pop into the Salon just ask for a copy. Our VIP treatment for the month is hydration – and add Mesolift to infuse ingredients by a factor of 10. So for summer think hydration and give your skin a boost or go with our anti-ageing infusions as an alternative to surgery! Best wishes Denise ☺

## FEBRUARY THE MONTH OF LOVE OR IS IT 'TO LOVE' WITH A SIZZLING SUMMER PAMPER TREATMENT!



### SIZZLING SUMMER PAMPER PACKAGE ... SAY GOODBYE TO DROUGHT STRICKEN SKIN!

#### Absolute Hydration Pamper

Total Value \$214 You Pay ONLY \$99

Your skin will be plumped and radiant with the therapist's selection of a hydrating treatment for your skin plus **FREE** Eyelash Tint/Eyebrow Wax **FREE** MAX7 Light Therapy

**FREE** Hand Treatment **FREE** Scalp Massage

**UPGRADE to a microderm & collagen infusion facial for ONLY \$56**

**PLUS** take home a Thalgo Travel Pack (cleanser, toner, moisturiser and eye masks) for only \$35 (while stocks last; normally \$69.95)

**ONLY 19 SLOTS AVAILABLE**

**DON'T MISS OUT CALL NOW 62 480058**

You must be quick to secure your booking as there's only 19 of these packages available and once they're gone they're gone! Not valid with 2 for 1.

## STAFF SUMMER FAVOURITES ...

**Tight, dry skin** – for a summer glow you can't go past Thalgo's Absolute Hydration Serum.

**Bumps be gone** – Hovan's Bikini Saver is a must to rid you of those red bumps after shaving or waxing.

**Oil slicks** – Thalgo's ultra matte and intense regulating serum will rebalance your skin – no more oil shine.

**Black Head T Zone** – emerginC Pore Cleansing lotion is a must!

**ASK ONE OF OUR BEAUTY THERAPISTS ABOUT THESE GREAT PRODUCTS!**

**See us at:**  
Shop 19, Centrepoint  
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Below is a list of fruit and vegetables, which combined with professional skincare will ensure you get results - manage those breakouts, hydration, oxygenate, and balance oil levels. Remember, diet is an important part of healthy skin! The benefits of these are not inclusive, highlighting only some of their benefits to your skincare regime!

**Pears** - contain zinc which is important for healthy cell function eg blemishes and inflammation.

**Leeks** - B vitamins assist with skin functioning.

**Pumpkins** - beta carotene is converted to Vitamin A which is essential for our skin.

**Sweetcorn** - magnesium for improving blood circulation.

**Broccoli** - Vitamin C and bioflavonoids for collagen, elastin and hyaluronic acid. Great antioxidant.

**Cabbage** - Great antioxidant and a proven anti-ageing fighter.

**Carrots** - Vitamin A for healthy skin functioning; and one a day is all you need. Too many and your skin may turn orange.

**Blackberries** - Vitamin C and helps with collagen production.

**Grapes** - Bioflavonoids for fighting free radical damage.

**Plums** - Vitamin A for healthy skin functioning and E to protect cells from free radical damage.

**Raspberries** - Vitamin C and helps with collagen production.

So make sure you have these on your weekly shopping list! If you are treating breakouts, acne, ageing, hydration and any other skin conditions it is essential that professional skincare is used in conjunction with a diet rich in vitamins and minerals. Skin conditions are likely to mirror what is going on inside!

## OUR VERY OWN LOYALTY PACKAGE ...

### MINI MEMBERSHIPS ARE NOW AVAILABLE

(ONLY 17 allocated so DON'T MISS OUT)

**PURCHASE A \$200 MINI MEMBERSHIP AND RECEIVE \$100 EXTRA BEAUTY CREDIT FREE ...**

**THAT'S A TOTAL OF \$300 FOR JUST \$200**

Your mini membership can be used towards any standard beauty treatment (excluding promotions & retail) and the best bit is you have 12 months to use it!! The membership runs out when your balance is \$0.

**ONLY 17 AVAILABLE**

DON'T MISS OUT

**CALL NOW 62480058**